

body &
beauty
studio

*Wedding
Preperation*

6 MONTH WEDDING PLANNER

Brides want to look their very best on their wedding day and it is never too soon to start planning and working towards your special day. At the Body and Beauty Studio we have a fantastic range of treatments that can get your face and body and nails looking fabulous in time for your wedding day. We have devised a 6th Month plan that you can pick up at any given time depending on your specific needs.

An example of this would be:-

6 MONTHS

TREATMENT	FREQUENCY
Slimming body treatments - Platinum or Gernetic	Once a month until month 5 then 3 weekly treatments before the big day
Facials – Light Life, Oro or Gernetic	Once a month
Manicures	Once or twice a month
Pedicures	Once a month

3 MONTHS

Have a make-up trial with our experienced make-up artist and if you can time it so that you have your hair done as well, even better. She will spend at least one hour with you discussing the look you desire and give you a full make-up step by step so that you are happy with each stage until the final result is achieved. Make sure you confirm your wedding appointment with her.

1 MONTH

- Facials
- Nail Extensions
- Eyelash Extensions
- Gel Overlays
- Manicures
- Pedicures
- Tanning
- Make-up



2 WEEKS

Your preparation will have paid dividends. You'll be slimmer, your face will be radiant and your nails will have grown to the required length. We would recommend a final blitz to the body:- Spa body polish, facial and nail tidy.

1 WEEK

Your wedding arrangements are all booked - Relax. Start thinking about your honeymoon. Have a manicure, facial, leg wax and eyelash extensions to give you the final look.

ON THE DAY

The makeup artist will arrive at your desired location to prepare your make-up for your big day.

Good luck and have a fabulous day!

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